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THANK YOU FOR YOUR THOUGHTFUL SUPPORT.

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Food Donations

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Robert D. Engelstad



Robert "Bob" Duane Engelstad passed away peacefully on a sunny Thursday, March 27, 2025, at the age of 96. Born on October 13, 1928, in Fargo, ND, to Lars M. Engelstad and Synneva (Gunderson) Engelstad, he spent his early years in Moorhead, MN, where he attended local schools before furthering his education at Concordia College and North Dakota State University. Bob earned degrees in architecture and engineering, coming just three credits shy of a math major.

From 1947 to 1951, he served honorably in the Army National Guard, training troops at Camp Rucker, Alabama.

On May 20, 1951, Bob married LaVerne Gothe, the love of his life. Their marriage was filled with deep devotion and lasted until her passing in 2014—in his arms. When asked how long they were married, Bob would

always say, "Not long enough."

Together, they raised four children: Lynn (Reed) Johnson of Alexandria, Jon (Lori) Engelstad of Moorhead, Susan (Rick) Roesler of Pelican Rapids, Julie (Jim) Nye of Lakeville.

Bob was a beloved Papa to 14 grandchildren, 36 great-grandchildren, and 3 great-great-grandchildren, with one more on the way.

Bob's career as an architect left a lasting impact, especially in Moorhead, where he designed several schools. He worked for the firm Foss, which later became Foss Engelstad Foss, and poured his heart into every design. His work extended beyond traditional architecture—he founded Tire Depot, focusing on sustainable reuse of waste materials.

His community involvement was extensive. He served as National Chairman of C-400, was a Board of Regents member at Concordia College, and designed the Norwegian, German, and French villages for Concordia Language Villages.

The middle of five siblings—Sidney, Doris, Gene, and Larry—Bob cherished his family and shared countless moments of laughter with them. His life was a testament to his deep faith and love for people, always welcoming others with warmth and kind words.

He loved spending time with family—laughing, hugging, and sharing stories. He had endless

patience, pulling kids water skiing, taking them downhill skiing, and always finding joy in their fun. He enjoyed puzzles, leaning in close with family, competing to place the last piece. He licked the beaters after whipping cream, savored his jello and fruit salad, and was always the first to lick the drips off an ice cream cone. He cherished the outdoors, soaking in the sun and Crystal Lake sunsets. He played Pinochle every Monday night for 35 years with dear friends. In high school, he and his friends even devised a plan to develop Detroit Mountain—a true dreamer and doer.

Bob's faith was unwavering. His prayer list was long, and every night, he could be found on his knees in prayer.

Bob's legacy is one of love, kindness, and service—to his family, community, and profession. He will be dearly missed but forever remembered.

A celebration of life will be held on Saturday, April 12, 2025, at 11 AM at Lutheran Church of Christ the King in Moorhead, MN. Family and friends will gather one hour prior, and the service will be livestreamed.

In lieu of flowers, donations can be made to Riverfront on Main in Pelican Rapids, MN, where the staff cared for "Bobby" with dignity, love, stories, and mutual teasing.

Bob always said, "Every day is a good day, a blessing."

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EEO Employer

## OBITUARIES

**Anton "Tony" Kawlewski**  
Age: 89  
From: Henning, MN  
Passed Away: Mon., March 31  
Where: St. Williams Living Center, Parkers Prairie, MN  
Visitation: Sun., April 6, 12-1pm at United Methodist Church, Henning, MN  
Funeral Service: Sun., April 6, 1pm  
Location: United Methodist Church, Henning, MN  
Burial to follow at Richville City Cemetery, MN  
Funeral Home: Karvonen Funeral Home  
Online condolences may be sent to [www.karvonenfuneralhome.com](http://www.karvonenfuneralhome.com)

**Lois Frigaard**  
Age: 93  
From: Perham, MN  
Passed Away: Sun., April 6  
Private family service  
Funeral Home: Karvonen Funeral Home  
Online condolences may be sent to [www.karvonenfuneralhome.com](http://www.karvonenfuneralhome.com)

**William "Bill" G. Johnson**  
Age: 80  
From: Blaine, MN  
Passed Away: Fri., April 4  
Where: At his home  
Visitation: Sat., April 12, 10:30-11:30am at Belmont-Karvonen Funeral Home, Henning, MN  
Funeral Service: Sat., April 12, 11:30am  
Location: Belmont-Karvonen Funeral Home, Henning, MN  
Burial to follow at Good Shepherd Lutheran Cemetery, Henning, MN  
Funeral Home: Karvonen Funeral Home  
Online condolences may be sent to [www.karvonenfuneralhome.com](http://www.karvonenfuneralhome.com)



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Suzi & Greg Karvonen, Owners



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<b>K &amp; S Carpet Cleaners Restoration</b>			\$20.00 Certificate.....	\$20.00.....	\$15.00
\$100.00 Certificate.....	\$100.00.....	\$80.00	<b>Stalker Lake Golf Course Bar &amp; Grill, Dalton</b>		
\$50.00 Certificate.....	\$50.00.....	\$40.00	.....	\$25.00.....	\$20.00
<b>Rothsay Cafe, Rothsay</b>			<b>VFW Post 612, Fergus Falls</b>		
.....	\$10.00.....	\$7.50	.....	\$20.00.....	\$15.00

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# FERGUS FALLS CITY-WIDE RUMMAGE SALE

Thurs., May 15 • Fri., May 16 • Sat., May 17 • Sun., May 18

## Rummage Sale Package:

- Your ad will consist of street address, day/time & 20 word description with a border
- Ads will be published in the May. 11th issue of This Week's Shopping News
- 2 rummage sale signs

**COST  
\$20**

### SAMPLE AD

9?? E. Vasa, FF  
Thur. 9a-3p, Fri. 9a-4p, Sat. 6a-3p  
Baby items, stroller, high chair, clothing,  
fishing, sporting, lawn & garden,  
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# Easter FUN for Everyone



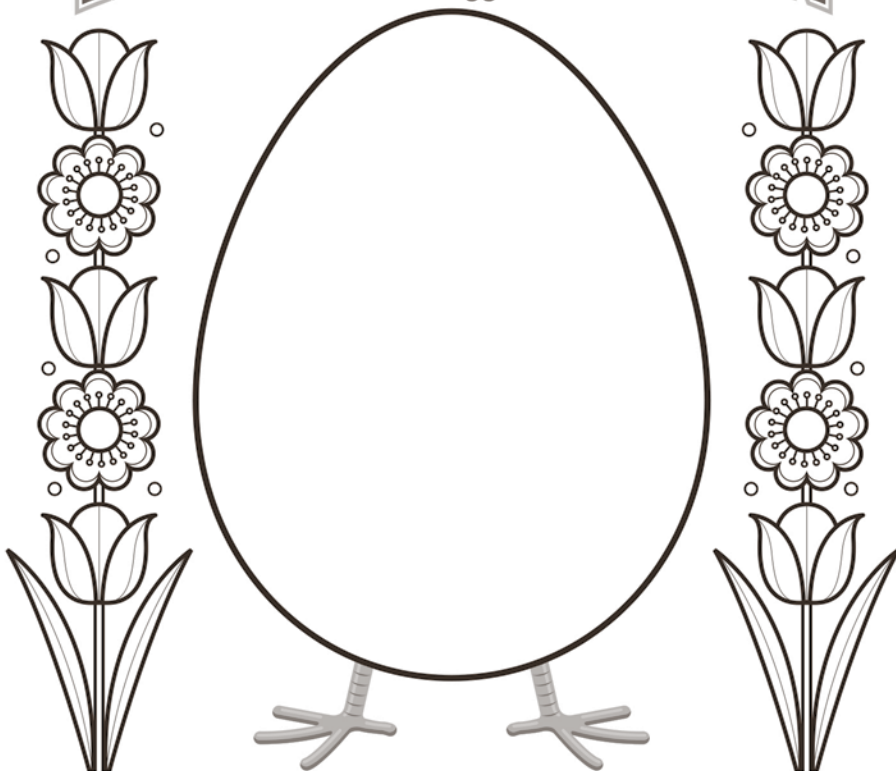
## Eggcellent Word Scramble

NYBNU \_\_\_\_\_ TBENON \_\_\_\_\_  
KEBTS A \_\_\_\_\_ OHAEOTCLC \_\_\_\_\_  
RETASE GEG \_\_\_\_\_ LYLJE NSEAB \_\_\_\_\_

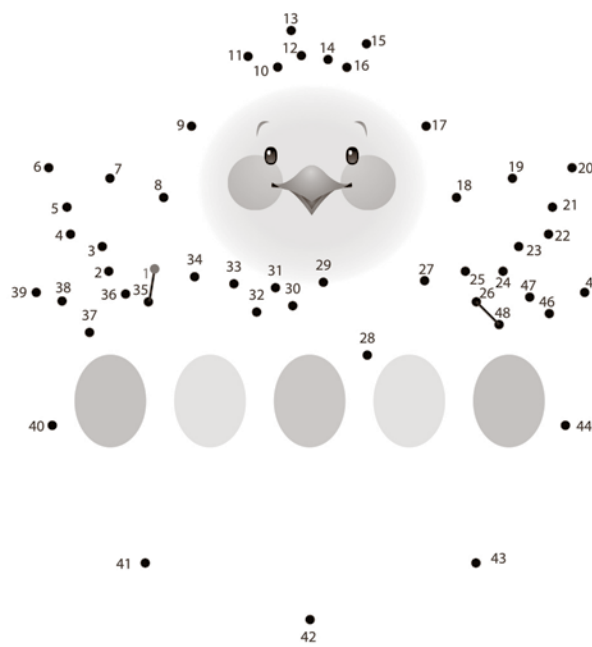
ANSWERS: bunny, basket, Easter egg, bonnet, chocolate, jelly beans

## HAPPY EASTER

Decorate This Egg for Easter!



## CONNECT THE DOTS



## Eggcellent Trivia

One hen can lay up to 300 eggs per year.

The tradition of decorating eggs for Easter originated in Ukraine.

An egg's shell color usually corresponds to the earlobe color of the hen that produced it.

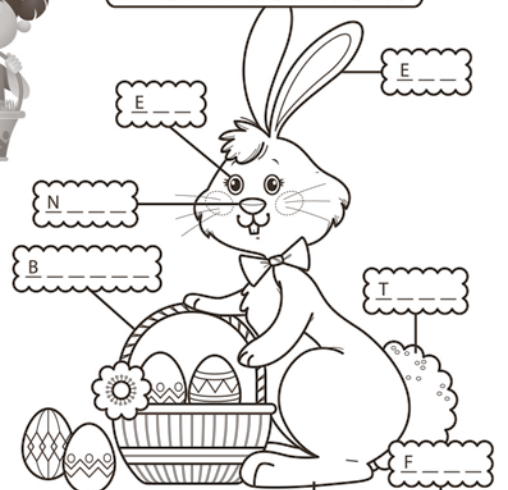
Ostriches lay the largest eggs of any living bird. One ostrich egg can serve about 24 people for breakfast!

## HOLIDAY MAZE

Please help me find eggs for my basket.



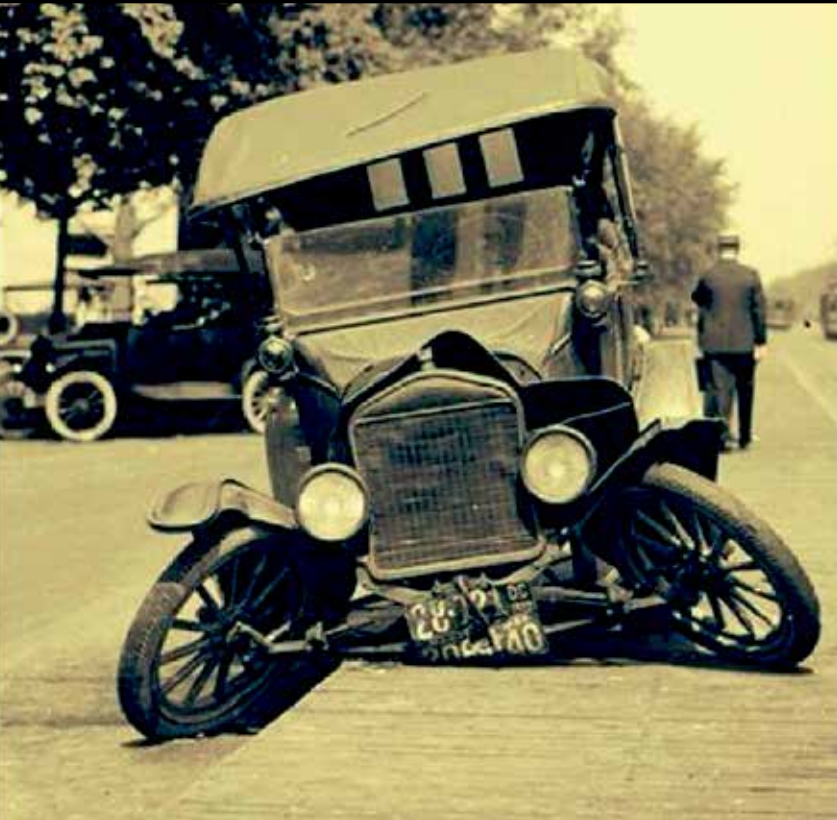
## FINISH THE EASTER WORDS



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# Peace, Joy & Blessings at Easter

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308 E. Douglas Ave., Fergus Falls • 218-736-5308

## Easter Schedule

APRIL 13 - PALM SUNDAY  
WORSHIP 10 AM

APRIL 17 - MAUNDY THURSDAY  
WORSHIP 6:30 PM

APRIL 20 - EASTER  
BREAKFAST 9 AM\* • WORSHIP 10 AM  
\*Breakfast of rolls, fruit and coffee before worship

May the spirit of this  
holy season fill your heart  
and soul with

*peace, joy &  
inspiration*

## Join Us For Services

Thursday, April 17<sup>th</sup> • 7pm  
Maundy Thursday Service

Friday, April 18<sup>th</sup> • 7pm  
Good Friday Service

Sunday, April 20<sup>th</sup> • 9:30am  
Easter Sunday Service

The Federated Church

224 N. Union Ave., Fergus Falls, MN 56537 • [www.federatedff.org](http://www.federatedff.org)

*He Is Risen!*

## ZION LUTHERAN CHURCH OF AMOR

### Easter Sunday

Communion offered at both services

- 8:15am Blended Worship with Praise Team
- 10am Traditional Worship

Rolls and Coffee 9am-10am

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515 Western Ave,  
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218-736-6926

April 13 • Palm Sunday  
Service at 10:30am

April 17 • Maundy Thursday  
Service at 6:30pm

April 20 • Easter Breakfast at 9:00am  
Celebration Service at 10:30am

## HOLY WEEK

**13** APR PALM SUNDAY  
9:00AM

**17** APR MAUNDY THURSDAY  
6:30PM

**18** APR GOOD FRIDAY  
6:30PM

**20** APR EASTER SUNDAY  
9:00AM & 11:00AM

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## Bethlehem Lutheran Church

invites you to worship during Holy Week

Maundy Thursday, April 17  
12:10pm & 6:30pm

Good Friday, April 18  
12:10pm & 6:30pm  
\*6:30pm Choral Tenebrae Service

Easter Sunday, April 20  
8:30am & 10:30am

102 West Junius Ave., Fergus Falls, MN • [bethlehemff.org](http://bethlehemff.org)

Pastors  
Loren Mellum  
& Eliza Johnson

*Celebrate Easter*  
@Bethel



FERGUS FALLS CAMPUS  
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### Easter Sunday - 4/20

6:30am - Sunrise Service  
7:30am - Breakfast

9:00am - Worship Service  
10:45am - Worship Service

## THE NAZ

1319 N CLEVELAND AVE, FERGUS FALLS

### TENEBRAE

APRIL 17 • 7PM

Childcare available for 0 - Kindergarten

### EASTER

APRIL 20 • 7:30AM, 9AM, 11AM  
Normal NazKidz for 9am & 11am services.  
Childcare available for 0-3 for the 7:30 service.

9 & 11am  
services will be  
available via live  
stream on our  
YouTube channel.





# Recipe Corner

Each week we will be featuring recipes provided by our readers.

TO SUBMIT A RECIPE YOU CAN EMAIL THEM TO [results@themidweek.com](mailto:results@themidweek.com)

OR DROP THEM OFF AT 831 E. Vasa Ave. Suite B, Fergus Falls, MN

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Cowboy Mashed Potato Casserole

- cooking spray  
6 strips bacon  
2 pounds baking potatoes, peeled and chopped  
1 (5 ounce) can evaporated milk or whole milk  
2 tablespoons butter  
1 1/2 teaspoons salt, divided  
1/2 teaspoon freshly ground black pepper, divided  
1 pound ground beef  
1 cup chopped onion  
1 green bell pepper, chopped  
1 cup frozen whole kernel corn  
2 cloves garlic, minced  
1 1/2 teaspoons smoked paprika  
1/4 cup barbecue sauce  
1 tablespoon Worcestershire sauce  
1 teaspoon Dijon mustard  
1/2 cup shredded Cheddar or pepper Jack cheese  
1/4 cup canned French fried onions  
2 tablespoons finely chopped fresh parsley
1. Preheat the oven to 375 degrees F (190 degrees C). Grease a 2-quart baking dish with cooking spray. Place baking dish on a baking sheet.
  2. Cook bacon in a large skillet over medium heat, turning occasionally, until crisp, about 10 minutes. Place bacon on a paper towel to drain. Drain all but 1 tablespoon of bacon fat in the skillet. Chop bacon when cool enough to handle.
  3. Meanwhile, bring a large pot of salted water to a boil. Add potatoes and return to a boil. Cook, covered, until potatoes are fork tender, 15 to 20 minutes. Drain potatoes. Return potatoes back to the pot along with evaporated milk, butter, 1/2 teaspoon salt, and 1/2 teaspoon pepper.
  4. Mash potatoes with a potato masher until smooth. Stir 1/4 cup chopped bacon into mashed potatoes.
  5. Add ground beef, onion, and bell pepper to the skillet with reserved bacon fat. Cook over medium heat until meat is browned and cooked through, stirring occasionally, 8 to 10 minutes.
  6. Add corn kernels, garlic, and paprika to the skillet. Cook and stir for 1 minute.
  7. Stir in barbecue sauce, Worcestershire sauce, mustard, remaining 1 teaspoon salt, and 1/2 teaspoon pepper.
  8. Spread ground beef mixture in prepared baking dish.
  9. Spread potatoes evenly over beef. Sprinkle with cheese, remaining bacon, and French fried onions.
  10. Bake until meat mixture is bubbly and cheese is melted, 20 to 25 minutes. Garnish with parsley before serving.

Lighten Up Dinnertime With Cod

When weather begins to warm, home cooks start migrating from the heartier soups, stews and casseroles that are so popular in winter to something lighter. Seafood is an option families can turn to that is both high in protein and leaner than other dinnertime staples. Cod is a popular saltwater fish that is mild in flavor with firm meat. This means it may hold up better than some other white fish in different meals, like a fish fry. This recipe for "Spicy Oven-Fried Cod Fillets" (The Pampered Chef®) from The Pampered Chef® Test Kitchens is a flavorful dish that can mark a transition to lighter, springtime meals.



Spicy Oven-Fried Cod Fillets

- |  |  |
|--|--|
| <b>Sauce:</b>                                      | <b>Cod fillets:</b>                    |
| 2 tsp thinly sliced green onion with top           | 1 egg, lightly beaten                  |
| 1 small garlic clove, pressed                      | 1/2 cup dry Italian-style bread crumbs |
| 1/2 cup reduced-fat Thousand Island salad dressing | 1/4 tsp chili powder                   |
| 1/4 tsp chili powder                               | 1/4 tsp salt                           |
| Dash cayenne pepper                                | 1 1/2 pounds cod fish fillets          |
1. Preheat oven to 450 F. For sauce, thinly slice green onion. Press garlic. Add onion, salad dressing, chili powder, and cayenne pepper; mix well. Cover; refrigerate at least 1 hour to allow flavors to blend.
  2. For cod fillets, lightly beat egg in a small bowl. Combine bread crumbs, chili powder and salt in a shallow dish. Dip fillets into egg, then into bread crumb mixture, coating evenly. Arrange fillets on a pan; lightly spray with nonstick cooking spray.
  3. Bake 15 to 18 minutes or until cod flakes easily with a fork. Remove from oven; serve cod with sauce.

nothing beats  
*home cooking*



8 Healthy Snack Ideas Kids Will Love

Parents know that growing children need a lot of food. According to pediatric dietitian Hanna Leikin, MS, RD, CSP, LD, kids need a higher calorie demand per body weight compared to adults to support bone development, muscle growth and other bodily functions. Perhaps that's why it seems like a stocked refrigerator or pantry can become barren in just a few days when kids are in the house. Children are frequently looking for snacks between meals, which means that parents need to have a variety of snack foods at the ready for their youngsters. But it can be a struggle to find healthy snacks children will eat. With that in mind, parents can consider these eight healthy alternatives to less nutritional fare like chips or sugary treats.

1. Fruit on a stick: It seems any food enjoyed on a stick is fun to eat. This is certainly an item for older kids, as parents won't want to worry about younger children getting injured with the pointy wooden skewers. Simply slide a variety of chopped or sliced fruit onto the skewers and make a healthy, colorful snack. For an added bonus, include a small cup of low-fat vanilla yogurt for a fruit dip.
2. Baby carrots and hummus: Who can resist baby carrots? After all, they seem tailor-made for kids' small fingers. Pair with a homemade or store-bought hummus, which is full of protein and fiber. You can even find dessert hummus, which may prove particularly appealing to children's palates.
3. Crackers and cheese: Choose whole-grain crackers and a low-fat cheese. This provides the crunch of chips without the fat and calories. In addition, cheese adds protein and the benefits of calcium and other nutrients found in dairy.
4. Nut butters and pretzels: Kids need unsaturated fats to spur brain growth and

overall development. Nuts and nut butters offer these good fats. The National Institute of Allergy and Infectious Diseases says peanut butter can be given to kids as young as four months old, and that early exposure may prevent peanut allergies. Additional nut butters include almond and cashew. Let kids dip pretzels into the nut butter for a filling snack.

5. Overnight oats creations: Let kids take part in building jars or containers of overnight oats with their favorite ingredients. When old fashioned rolled oats are mixed with low-fat milk (or dairy alternatives), raisins, granola, fresh fruit, chia seeds, and even low-fat yogurt and left to sit overnight, the result is a spoonable treat that's ideal for meals and snacks. Plus the fiber in oatmeal will help keep children feeling fuller longer.
6. Frozen smoothie bowl: This is a great alternative to ice cream. Simply blend your child's favorite frozen fruits (and toss in a few veggies) with low-fat Greek yogurt. Serve in a bowl with toppings like granola, finely chopped nuts or coconut flakes.
7. Energy balls or bars: Mix dates, nuts, seeds, and rolled oats and press into bar shapes or roll into bite-sized balls when kids need a sweet and energizing snack.
8. Turkey and cheese roll-ups: Ensure that kids are getting enough protein by offering a lean protein source like sliced turkey. Roll up a slice of turkey or sliced chicken breast around a cheese stick for a portable and fun snack. Healthy snacks for children are easier to dream up than one may think. It can take children several times of seeing a new food on his or her plate before being inclined to try it, so parents should stay the course with healthy snacks even if kids are initially reluctant to try them.





## Concrete FLAT WORK

- Driveways
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- Flat Work

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Fergus Falls Location:  
1402 E Bancroft Ave  
Fergus Falls, MN 56537  
Phone: 218-739-3132

Perham Location:  
805 W Main Street  
Perham, MN 56573  
Phone: 218-298-1501

## BOWLING

### NEWS

**High Bowling Scores  
for the week**

Roger Blevins	257	259	749
Camron Greenley	273	243	715
Sam Aschnewitz	268	248	697
Riley Cowins	262	-	668
Jason Haugen	-	-	668

## ? Trivia

**Who was originally cast for the character the Tin Man in the Wizard of Oz?**

William Conrad  
Bert Mustin  
Buddy Ebsen

---

**What year did Superman first appear in a comic book?**

1933    1938    1943



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Auction Opens Wed., May 28th and Closes Wed., June 4th.  
Located at our facility between Frazee and Perham along Hwy 10.  
Now accepting consignments on Farm Machinery, Farm items, Trailers, Tractors, Cattle items, Skid Loaders & Attachments, Heavy Equipment, Trucks, Vehicles, Recreational items, Sporting, Lawn & Garden, Landscaping, Lumber & Shop items and much more. Call now for information to consign!  
Advertising deadline is Thurs., May 1st. Items can be delivered starting Tues., April 22nd through Thurs., May 22nd.

**CALL IN ADVANCE PRIOR TO DELIVERY.**  
Call 218-346-7325, Vince 218-640-7653,  
Austin 218-841-2469 or visit our website for  
updates [bachmannauctioneers.com](http://bachmannauctioneers.com)  
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**Share your exciting news with  
your community RIGHT HERE!**



<b><small>the</small></b> <b>MIDWEEK inc.</b> <small>PUBLICATIONS</small>	<h1 style="margin: 0;">CLASSIFIED ADS FORM</h1> <p style="margin: 0;"><b>Deadline Wednesdays at 3pm</b></p>	<b><small>the</small></b> <b>MIDWEEK inc.</b> <small>PUBLICATIONS</small>
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 EMAIL THE CLASSIFIED TO results@themidweek.com (Include name, address, & phone in the email)  
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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name and Address Must Accompany Ad. (For office use only)

PRINT AD BELOW: One word per line. Please use punctuation. First two words will be in bold capital letters. Include your address or phone number in ad. Deadline: Wednesday 3 pm (Subject to change due to holidays.) WE ARE NOT RESPONSIBLE FOR ERRORS MADE DUE TO ILLEGIBLE COPY OR IMPROPER PUNCTUATION. The Midweek will not allow credit or extension of ad unless the error is reported the first business day after the publication date. Ad will not run until payment is received. Once your ad has been placed on our web site no refunds will be given.

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_____	_____	_____	_____	_____

\$ .20	\$ .40	\$ .60	\$ .80	\$ 1.00
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(NO CHARGE/10 WORD MAX)

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- ☐ FARM RELATED
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- ☐ FOR SALE
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- ☐ MUSIC
- ☐ PERSONALS
- ☐ PETS
- ☐ REAL ESTATE
- ☐ RUMMAGE SALE
- ☐ SERVICES
- ☐ SNOWMOBILES
- ☐ SPORTING GOODS
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- ☐ WANT TO RENT
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# Everts Lumber company

## Serving Battle Lake and Surrounding Communities Since 1882

Everts Lumber is located in Battle Lake, the “Heart of the Lakes Region” of Minnesota. The business is currently owned and operated by fifth generation brothers John, Rezin, and Ambrose Everts. The store has been serving for generations to the lakes area.





## Architectural Design Services

For generations, our family sales team has been known for their dedication to helping you, their valued customer, achieve your needs, dreams and goals in your home building experience.

We welcome the opportunity to listen to your desires then integrate our years of experience, distinctive yet practical design, and top quality forest materials and dependable, proven building supplies to provide you with an excellent and enjoyable building experience.

Let us show you how together, no matter the size of your project, our collaborative approach will help you realize the affordable home of your dreams -Everts Lumber Company

## You'll Love It When Our Plans Come Together



We specialize in creating functional, beautiful spaces for enjoyable, sustainable living.


- New Construction • Home Remodels
- Home Additions • Commercial Spaces
- Unique, Solution-Focused Designs
- + Certified Green






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